



Neurotoxin Post-Care

- Remain in an upright position for 4 hours after treatment;
- Refrain from wearing a hat or tight-fitting headband for one-week post forehead injection;
- Do not rub, massage, or otherwise engage the injection sites for one-week post-injection;
- No heavy exercise for 24 hours post-injection;
- You may wish to actively move, by expression, the treated areas during this time, as this may help you increase the response of the targeted muscles;
- Botox injections slowly set in over 3-14 days. Different sites may set in sooner than others. Please wait a full two weeks prior to scheduling a touch-up appointment;

Temporary possible side effects may include but are not limited to:

- Bruising—Near the injection site may occur and may last 7-10 days.
- Headache—Related to the actual injections, is usually mild lasting less than 24 hours. May be relieved with Tylenol.
- Asymmetry—If present within first 2-weeks post-care may be corrected with a touch-up injection if necessary, and for a fee.
- Numbness—Some patients may notice a change in sensation, numbness, or dullness in the treated area. Usually resolves within a few days.
- Eyebrow or eyelid ptosis (drooping) or diplopia (double vision)—Seen in only 1-2% of patients receiving this treatment. It is temporary, lasting a few weeks, and is usually mild.
- There are no known permanent side effects.

If you experience side effects that are concerning, please contact your injector.